

Going for Gold Motivated for Excellence



The Canadian Network for Asthma Care (CNAC), through its certified educators and member organizations, works to improve the quality of life for Canadians and their families living with respiratory disease, by developing, promoting and advocating the highest standards of quality respiratory health care and innovative education.



WELGONE



As the president of CNAC, I would like to welcome you to ASED 9 in wonderful Whistler. British

Columbia. With the Winter Olympics around the corner and the sheer natural beauty of this place, the meeting organizers thought that Whistler would be the ideal location for this meeting.

The educators on the organizing committee have performed magnificently to plan and coordinate another very promising event. I know you will all agree that the topics and speakers have been selected to forward the knowledge and skills of the educators and other health professionals in attendance.

Thank you for making it to Whistler 2009! I am looking forward to seeing all of you!

Thanks.

Harold Kim, President
Canadian Network for Asthma Care



I am delighted to welcome you to Whistler for ASED 9. The organizing

committee has worked diligently over the past year to develop a first-rate program. Our ASED conference, building on our strong focus of providing quality education in respiratory health, will specifically address asthma, allergies, COPD and tobacco reduction. The tremendous plenary sessions and workshops will inspire all of us to "Go For The Gold" in our programs.

Margot Underwood, Chair ASED 9 Conference Committee



It is with great excitement that I welcome you to Whistler! The Conference Planning

Committee has done an outstanding job of putting together this year's program. We really want you to be able to return to your workplaces with lots of new ideas and knowledge.

I spend a great deal of my time advocating to stakeholders in the healthcare system about how important the work of asthma and respiratory educators is to the health of Canadians living with respiratory disease. Your commitment to continuous learning is one of the traits I frequently discuss. I would also like to point out that this conference would not be able to take place without the generous support from our Sponsors and Exhibitors. Please make sure you drop by their booths while you are here.

Have a great conference!

Cheryl Connors, Executive Director Canadian Network for Asthma Care

Conference Planning Committee

Margot Underwood, BN, RN, CRE ASED 9 Chair Calgary, AB

Cheryl ConnorsCNAC Executive Director
Caledon, ON

Todd Gale, RRT, CAE Kelowna, BC

Eileen Gresl Manager, COPD & Asthma Network of Alberta (CANA) Calgary, AB **Donna Hogg**, RN, MS, CAE Edmonton, AB

Harold Kim, MD, FRCP CNAC President Kitchener, ON **Jennifer Olajos-Clow**, RN, MSc, CAE Kingston, ON

Sandra Small, RN, MScN, PhD (Cand), CRE St. John's, NL

PROGRAM

Thursday, November 12, 2009

9:00am - 5:00pm MACDONALD E & F ITEM-WRITING WORKSHOP (For Current CAEs & CREs) Facilitator: Dr. Isabelle Gontier

REGISTRATION & INFORMATION DESK 6:00 - 7:30pm EMPRESS BALLROOM WELCOME RECEPTION 7:30 - 8:30pm EMPRESS BALLROOM RespTrec RECEPTION

2:00 - 8:00pm FOYER

Conterence Centre

Friday, November 13, 2009

7:00am - 5:00pm MACDONALD FOYER

REGISTRATION & INFORMATION DESK 7:30 - 8:30am MACDONALD FOYER **CONTINENTAL BREAKFAST** 8:30 - 9:00am MACDONALD ABC **WELCOME & OPENING REMARKS** Speakers: Cheryl Connors, CNAC Executive Director Dr. Harold Kim, CNAC President Margot Underwood, Chair, ASED 9

9:00 - 10:00am MACDONALD ABC **KEYNOTE ADDRESS** From Suffering To Hope: How Do We Help Patients/ Families Move to a Healing Place? Speaker: Dr. Lorraine Wright

10:00 - 10:30am MACDONALD ABC PLENARY SESSION Things That Go Wheeze in the Night: What are the **Key Messages for Asthma & Respiratory Educators** to Convey about Paediatric Asthma? Speaker: Dr. Tom Kovesi

10:30 - 11:00am MACDONALD FOYER **REFRESHMENT BREAK & VISIT EXHIBITS** 11:00am - 12:15pm WORKSHOPS 101 EMPRESS A **Providing Improved Outcomes for Asthma** Through Changing Pharmacist Roles Facilitators: Kathy Hayward, BSP, CRE Anita Annand, BSP, CRE 102 EMPRESS B Supporting Asthma Management & Controling Schools: The Role of Asthma Care Providers Facilitators: Lisa Cicutto, RN, PhD, CAE Elizabeth Conti, RN, BScN Cathie Snider, RN, BScN, MN 103 McDONALD F Allergy Issues Linked with Asthma Facilitator: Harold Kim. MD. FRCP 104 EMPRESS C Smoking Cessation: Has Everyone in Your Province Quit Smoking Yet? Facilitators: Cinde Little, RRT, CRE Shirley Revitt, RN, CRE ALGONOUIN Social Constructivism in Patient Education Facilitator: Andrea White Markham, RRT, CRE 106 MACDONALD E What's That Cough? The Expanded Role of Certified Respiratory Educators in Assessing and Managing Chronic Cough Facilitators: Diane Conley, RRT, CAE Robert Cowie, MD, FCP(SA), MSc 107 MONTEBELLO Successfully Integrating Spirometry into the Primary Care Setting Facilitators: Amy Kropf, RRT, CRE Angela Shaw, RRT, CRE 108 TREMBLANT

Advance Care Planning

12:15 - 1:15pm MACDONALD ABC LUNCH

Facilitator: Cari Hoffman, RSW

1:15 - 2:30pm WORKSHOPS 201 MACDONALD F **Basic Heart Failure Counseling for Respiratory Educators** Facilitator: Todd Gale, RRT, CAE 202 ALGONQUIN Creating Meaningful Relationships with Families: Making Family Centered Care a Reality Facilitator: Margaret Eastman, RN, BSN, MN, CAE MONTEBELLO Over and Under in the Younger and Older Facilitators: Karen Davis, PDt, MCEd, CDE, CAE Jan Haffner, BPT, CRE 204 EMPRESS B Preventing Work-Related Asthma in Higher Risk Workplaces: What Respiratory Educators **Need to Know** Facilitator: Nancy Bradshaw, RD **EMPRESS A** How to Manage a Project Using Project Management Skills Facilitators: Madonna Ferrone, RRT, CRE Ana MacPherson, RRT, CRE, MASc Pam Wilton, RN, CAE Janice Woychyshyn, RRT, CRE, RDMS 206 EMPRESS C Implementation Planning for Asthma **Action in the Community** Facilitators: Shawna McGhan, RN, MN, CRE Heather Sharpe, RN, PhD(c), CRE 207 MACDONALD E **Educating the Invincible: Asthma Education** for Adolescents Facilitators: Shauna Filuk, RN, BN, CAE Nancy Ross, RN, CAE

Mountain Squar

2:30 - 3:00pm MACDONALD FOYER **REFRESHMENT BREAK & VISIT EXHIBITS** 3:00 - 3:30pm MACDONALD ABC PLENARY SESSION **Smoking Cessation: What Every Educator** Should Know Speaker: David Arbeau, BTech, RRT, CAE 3:30 - 4:30pm MACDONALD ABC **PLENARY SESSION PANEL** What's New in Asthma? Speaker: Dr. Diane Lougheed What's New in COPD? Speaker: Dr. Jeremy Road 4:30 - 5:00pm MACDONALD ABC PLENARY SESSION Not-so-benign Neglect: Our Failure to Recognize Alpha¹ Antitrypsin Deficiency in the Asthma Clinic Speaker: Dr. Ken Chapman 5:00 - 5:45_{pm} MACDONALD ABC **CAE/CRE Information Session** Panel: Chervl Connors Heather Sharpe Margot Underwood 7:00pm DUSTY'S **SOCIAL NIGHT OUT AT DUSTY'S**

Buses start leaving for Dustv's at 6:45 pm.

Please meet in the hotel lobby.

(Dress is casual.)

PROGRAM

Saturday, November 14, 2009

VISIT EXHIBITS

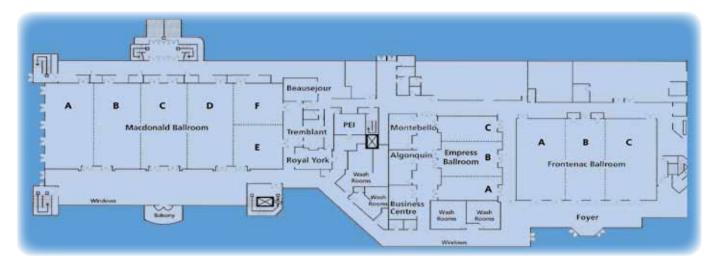
7:30 - 8:30_{am} MACDONALD FOYER CONTINENTAL BREAKFAST Sponsored by AstraZeneca 8:30 - 9:30am MACDONALD ABC **KEYNOTE ADDRESS** It Takes A Village To Raze a Disease: The Role of **Human Organization and Connectedness in** Respiratory Illness and Health Speaker: Dr. Paul McDonald 9:30 - 10:00am MACDONALD ABC PLENARY SESSION What's In? What's Out? Evaluating **Educational Theory** Speaker: Margot Underwood, RN, BN, CRE 10:00 - 10:30_{am} MACDONALD ABC PLENARY SESSION What's New in Food Allergy? **Speaker:** Dr. Harold Kim 10:30 - 11:15am MACDONALD D & FOYER **POSTER SESSION (Meet the Authors) REFRESHMENT BREAK &**

11:15am - 12:30pm WORKSHOPS 301 EMPRESS C **COPD vs Asthma: A Differential Diagnosis** Presenter: Chris Licskai, BSc, MD, FRCPC Facilitator: Dilshad Moosa, BSc, RRT, CRE, MSc(c) **302 MONTEBELLO Smoking Cessation: Providing Smokers with** the Most Appropriate Level of Treatment Facilitator: Paul McDonald, MA, PhD 303 **EMPRESS A CARMA: Looking at the Whole Airway** Facilitator: Harold Kim, MD, FRCP 304 MACDONALD E **Assess Your Educator Skills:** Do You Deserve the Gold Medal? Facilitators: Heather Sharpe, RN, PhD(c), CRE Ann Bartlett, RN, MSc MACDONALD D **Moderated Poster Session** Moderators: Donna Hogg, RN, MS, CAE Sandra Small, RN, MScN, PhD(c), CRE 306 MACDONALD F Stocking Your Teaching Toolbox: Big Ideas for **Small Group Settings** Facilitators: Beverley Kulbaba, RN, BN, CAE Jo-Anne St-Vincent, RN, BN, CAE Lesley Stewart, RN, CAE 307 EMPRESS B Masgueraders of Asthma: What is the Real **Problem with this Patient?** Facilitator: Alan Kaplan, MD, CCFP (EM) 12:30 - 1:30pm MACDONALD ABC A. LES MCDONALD AWARDS LUNCHEON 1:30 - 2:30pm MACDONALD ABC **PLENARY SESSION Boys & Girls Learn Differently: How Gender** Differences Influence Learning and Behaviour Speaker: Michael Reist, BA, BEd, MA(T) 2:30 - 2:45pm MACDONALD FOYER STRETCH BREAK 2:45 - 3:45pm MACDONALD ABC PLENARY SESSION PANEL **Asthma and Athletes** Speakers: Dr. Victor Lun, Olympic Athlete 3:45 - 4:00pm MACDONALD ABC **CLOSING REMARKS** Speakers: Chervl Connors

Dr. Harold Kim Margot Underwood

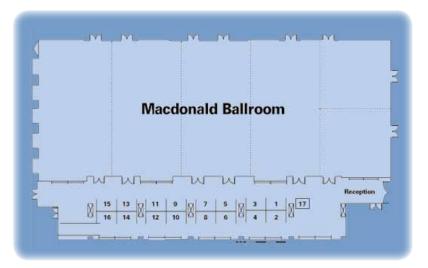
Conterence Centre

Conference Floor Plan



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Exhibitors Floor Plan



EXHBITORUST

Booth 1



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POSTERS

1 CHRONIC COUGH IS A WOMAN'S ISSUE
Stephen K. Field MD,
Diane Patricia Conley RRT CRE (presenting author),
Amin Mohamed Thawer RRT CRE,
Richard Leigh MD PhD,
Reheat Legyman Courie MD MSo.

Robert Lawrence Cowie MD MSc, Calgary COPD & Asthma Program, Calgary, AB

THE START OF A JOURNEY TOGETHER:
INTERDISCIPLINARY COLLABORATION
BETWEEN PAEDIATRIC ASTHMA
EDUCATORS/AND PHARMACY STUDENTS

K Courtney (presenting author) Alberta Children's Hospital, Calgary, AB, C Cox and M Gukert, Faculty of Pharmacy and Pharmaceutical Sciences, University of Alberta, Edmonton, AB

3 USE OF ADMINISTRATIVE DATA FOR THE SURVEILLANCE OF ASTHMA AND COPD IN CANADA

Jessica Evans (presenting author) & Louise McRae, Chronic Disease Surveillance Division, Public Health Agency of Canada, Ottawa, ON

4 COPD TOOLKIT ONLINE INITIATIVE: OPENING THE DOOR TO WORLDWIDE ACCESS

BJ Bolley BScN RN CRE (presenting author), BL Graham PhD, JR Haffner BPT CRE, TL Litzenberger BScPT BSPE CRE, VL Kennedy RN BN CRE, Saskatoon, SK

5 SPIROTREC® (SPIROMETRY TRAINING AND EDUCATION COURSE)

BL Graham PhD, M Laroque RRT RCPT(P) CRE, JR Haffner BPT CRE (presenting author), Lung Association of Saskatchewan, Saskatoon, SK 6 ASSESSING A POPULATION-BASED APPROACH TO THE MANAGEMENT OF RESPIRATORY DISEASE

Christine Hampson¹(presenting author), Oxana Latycheva¹, Michelle M. Vine², Susan J Elliott², Meridene Haynes¹

- Asthma Society of Canada, Toronto, ON
- School of Geography and Earth Sciences, McMaster University, Hamilton, ON
- 7 NEW ANTI-STATIC YOUTH VALVED HOLDING CHAMBER (VHC) CAN BE USED OUT-OF-PACKAGE AND DELIVER BETA-2-AGONIST MEDICATION EFFECTIVELY

H Harkness (presenting author), J P Mitchell, V A Avvakoumova, H MacKay, R Ali & MW Nagel, Medical Aerosol Laboratory, Trudell Medical International, London, ON

8 LESSONS LEARNED IN REHAB: THE EVOLUTION OF RESPIRATORY EDUCATION IN PULMONARY REHABILITATION AT ST. CLARE'S – IMPLICATIONS FOR REGIONAL COPD EDUCATION

Susan Haskell (presenting author) and Dr. Nigel Duguid, St. Clare's Mercy Hospital, St. John's, NL

9 COPD CARE: PUTTING OUR PLAN INTO ACTION

> Tracy Kabaroff BSN RN CRE, Vicki Kennedy BN RN CRE (presenting author), Sandy Gibson BSN RN, COPD Nurse Clinicians, LiveWell COPD Program, Chronic Disease Management, Saskatoon Health Region, Saskatoon, SK

10 A SIX-MONTH PILOT PROJECT WITH A FOCUS ON INTERPROFESSIONAL APPROACH TO RESPIRATORY EDUCATION AND CARE IN THE EMERGENCY DEPARTMENT (ED)

Janice Klutt, RN CRE (co-presenting author), Jenny Seah, RPh CRE (co-presenting author), Sarah Enriquez, BSc RRT CRE, St. Joseph's Health Centre, Toronto, ON

11 RETROSPECTIVE AUDIT OF TRENDS IN ASTHMA CARE

Brent Landry RN CRE¹, Ryan W Smith BASc MSc³, W Gary Smith MD FRCP MHSc^{1,2} (corresponding author), Kim Downey RRT CAE¹ (presenting author)

- ¹ Regional Paediatric Asthma Center, Orillia, ON
- ² Associate Professor Department of Paediatrics, University of Toronto, Toronto, ON
- 3 Department of Medicine and Health, University College Cork, Cork, Ireland

12 ASTHMA: OFFERING CARE WHILE WAITING FOR SPECIALIST CONSULTATION

I Mitchell, Dora Lougheed (presenting author), Anja Sagasser, Sheldon Spier, University of Calgary and Alberta Children's Hospital, Calgary, AB

13 ASTHMA CONTROL CRITERIA: COMPARISON OF CANADIAN ASTHMA CONSENSUS GUIDELINES (CACG) AND GLOBAL INITIATIVE FOR ASTHMA (GINA) GUIDELINES RATINGS WITH AND WITHOUT SPIROMETRY

MD Lougheed^{1,2} (presenting author), SM Dostaler^{1,2}, J Olajos-Clow^{1,2}, TW Sands³, CJ Licskai⁴ and JP Minard^{1,2}

- ¹ Kingston General Hospital, Kingston, ON
- ² Queen's University, Kingston, ON
- ³ University of Windsor, Windsor, ON
- ⁴ University of Western Ontario, London, ON
- 14 KNOWLEDGE TRANSLATION OF CHILDHOOD ASTHMA EDUCATION FOR HEALTHCARE PROFESSIONALS

S McGhan (co-presenting author)¹, S Anderson¹, L Cicutto, A Kwan (co-presenting author)¹, KC Rautiainen, H Sharpe, J Masuda, N Letourneau, S Moisey, M Stewart¹, S Watt, A Becker,

¹ University of Alberta, Edmonton, AB

15 ESTABLISHING A FAMILY ASTHMA PROGRAM IN THE COMMUNITY: A PILOT PROJECT

L Meloche¹ (presenting author), L Douglas¹, R Ryan¹, D Sinewitz¹, TH Liem¹, CA Gillespie², AB Becker², JJ Liem¹

- Windsor Allergy Asthma Education Centre, Windsor, ON
- Children's Asthma Education Centre, Winnipeg, MB
- 16 ESTABLISHMENT OF AN ASTHMA EDUCATION CENTRE CHARITY IN THE COMMUNITY: A PILOT PROJECT

L Douglas¹ (presenting author), L Meloche¹, V Ryan, D Sinewitz¹, TH Liem¹, C Gillespie², A Becker², J Liem¹,

- Windsor Allergy Asthma Education Centre, Windsor, Ontario
- Children's Asthma Education Centre, Winnipeg, MB
- 17 RECORDS IN PRIMARY CARE: AN INTEGRATIVE REVIEW

JP Minard^{1,2} (presenting author), SE Turcotte^{1,2}, MD Lougheed^{1,2}

- Queen's University, Kingston, ON
 Asthma Research Unit, Clinical Research
- Centre, Kingston General Hospital, Kingston, ON
- 18 ASTHMA ELECTRONIC RECORD FOR PRIMARY CARE: DEVELOPMENT AND PILOT TESTING

JP Minard¹ (presenting author), J Olajos-Clow¹¹², TW Sands³, C J Licskai⁴, K Jones⁵, AG Day², SM Dostaler¹², MD Lougheed¹

- Queen's University, Kingston, ON
 Kingston General Hospital, ON
- ³ University of Windsor, Windsor, ON
- ⁴ University of Western Ontario, London, ON
- North Lanark CHC, Lanark, ON
- 19 ACTIVE AIRWAYS MARCH BREAK CAMP: WHERE ASTHMA, SPORTS AND FUN COME TOGETHER!

SE Murphy (presenting author), G Lang, The Credit Valley Hospital, Mississauga, ON 20 VALIDATION OF AN ELECTRONIC VERSION OF THE MINI ASTHMA QUALITY OF LIFE QUESTIONNAIRE

J Olajos-Clow^{1,2} (presenting author), J Minard², EF Juniper³, S Turcotte², X Jiang², MD Lougheed^{1,2}

- ¹ Kingston General Hospital, Kingston, ON
- ² Queen's University, Kingston, ON
- ³ McMaster University, Hamilton, ON
- 21 BARRIERS AND FACILITATORS OF THE CONTINUING EDUCATIONAL LEARNING OF CANADIAN ASTHMA EDUCATORS: A SURVEY OF ASTHMATREC EDUCATORS

Dr. DC Rennie (presenting author), K Davies, Dr. L Ferguson, C Ellingboe, College of Nursing, University of Saskatchewan, Saskatoon, SK

22 THE EFFECTIVENESS OF A COMMUNITY BASED PAEDIATRIC ASTHMA EDUCATION PROGRAM

SE Filuk (co-presenting author),
JC St-Vincent (co-presenting author),
CA Gillespie, NF Cisneros, AB Becker,
The Children's Asthma Education Centre,
Winnipeg Children's Hospital,
Winnipeg, MB

23 A STUDY GROUP'S SUCCESS AT CHALLENGING THE CERTIFIED RESPIRATORY EDUCATOR EXAM – THE DEVELOPMENT OF A STUDY TOOL

> Valerie Stevenson RRT CRE (presenting author), Marilyn Fox RRT CRE, Lynette Dauncey RRT CRE, Community Respiratory Therapists, Alberta Health Services, Calgary, AB

Abstract Review Committee

Sandra Small, RN, MScN, PhD(Cand), CRE Donna Hogg, MN, RN, CAE Andrea White Markham, RRT, CRE Margot Underwood, RN, BN, CRE

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